



PROUD AUTHORIZED PROVIDER OF American Red Cross

2012 Professional Lifeguarding Re-Certification

Course Description: NEW R2011 UPDATE: Lifeguard Recertification candidates will update to NEW ARC certification standards and re-certify in Lifeguarding, First Aid and CPR-Professional Rescuer and AED.

Class location: Sedona Community Swimming Pool, 570 Posse Ground Rd, Sedona, AZ

Class date: Wed, May 30th - 9AM to 1PM 4 hour time block

Eligibility: Recertification candidates must have current basic certifications in the following: Lifeguarding, Standard First Aid, and CPR/AED for the Professional Rescuer. Proof of current basic certifications is required on the first day of class. (If you have previously trained with DeckCoach Training Services we will have your records)

Lifeguard Recertification candidates must be able to demonstrate 300-yards continuous swim, using the front crawl and breaststroke, **tread water for 2-minutes without using arms (new requirement)**, retrieve a 10-lb weight from 7-feet of water & swim 20-yards using legs only. Review all your skills prior to attending class. You will test out on all skills as if you are competent to perform skills upon entering the class. Refunds are not granted for failed skills.

Group Course Registration: \$80 for City of Sedona returning staff. \$100.00 general public, Fee includes **NEW text book download** and does not include CPR rescue mask. Re-Certification will only be offered one time during this season.

Late Registration: Contact instructor.

Class enrollment min/max: 4 to 10. If class minimum not met by registration deadline the class *may* be canceled by the instructor in which case refunds will be issued.

Rescue mask: As a professional rescuer you will need to own your own CPR rescue mask. Class participants must bring their own CPR rescue mask to class. Rescue masks can be ordered on line at: www.redcrossstore.org model recommended # 820015 Laerdal Pocket mask CPR Barrier \$12.95.

Certification: Upon successful completion of the UPDATED lifeguard course, candidates will receive an American Red Cross R2011 Lifeguard Training certification, a Standard First Aid certification and a CPR/AED for the Professional Rescuer certification valid for 2 years plus on-line refresher training through out your certification period.

Successful Completion Certification requirements: The American Red Cross requires full attendance for all class sessions. Tardiness *will* affect your ability to obtain certification. The American Red Cross does not allow certification to be issued to a student who does not pass the skills and written tests, or attend full and complete class sessions. Students who do not successfully complete recertification requirements will not receive certification or refund.

Make up classes and refunds: not available.
Individual Re-certifications are available for \$150.00.

To register go to: www.deckcoach.com click on Register for 2012 LG Recertification Class Now.
Instructor Trainer: Erin Estes erin@deckcoach.com (928) 202-8125.