



PROUD AUTHORIZED PROVIDER OF American Red Cross

2012 Professional Lifeguarding Course

Course Description: Professional Lifeguarding includes CPR for the Professional Rescuer, A.E.D and First Aid Course designed to prepare lifeguard candidates to prevent, recognize, respond, and manage aquatic emergency, breathing and cardiac emergency and standard first aid injury and illness emergency. Course includes: Lifeguard Training for traditional pools, CPR/AED for the Professional Rescuer, and Standard First Aid.

Class location: Sedona Community Swimming Pool, 570 Posse Ground Rd, Sedona, AZ

Class dates: Sat and Sunday April 14, 15, 21 and 22. 9AM to 6PM.

Eligibility: Lifeguard candidates must be 15 years of age, able to demonstrate 300-yards continuous swim, using the front crawl and breaststroke, tread water for 2-minutes without using arms, and able to retrieve a 10-lb weight from 7-feet of water, then swim 20-yards, with legs only. A skills evaluation will occur on the first day of the Lifeguarding course. Please bring a swimsuit, towel, whistle and CPR rescue mask to all your class sessions.

Registration: \$175.00 - does not include CPR rescue mask. Includes text book download.

Late Registration: *May* be approved before the first day of the class. Contact instructor.

Class enrollment min/max: 7 to 14. If class minimum not met by registration deadline the class *may* be canceled by the instructor in which case refunds will be issued.

Rescue mask: As a professional rescuer you will need to own your own CPR rescue mask. Class participants must bring their own CPR rescue mask to class. Rescue masks can be ordered on line at: www.redcrossstore.org model recommended # 820015 Laerdal Pocket mask CPR Barrier \$12.95.

Certification: Upon successful completion of the lifeguard course, candidates will receive an American Red Cross Lifeguard Training certification, a Standard First Aid certification and a CPR/AED for the Professional Rescuer certification valid for 2 years.

Successful Completion Certification requirements: The American Red Cross requires full attendance for all class sessions. Tardiness *will* affect your ability to obtain certification. The American Red Cross does not allow certification to be issued to a student who does not pass the skills and written tests, or attend full and complete class sessions. Students who do not successfully complete certification requirements will not receive certification or refund.

Make up classes: *may* be available. Make up classes are an additional cost of \$25 per hour + facility use fees if applicable and are based on instructor availability. Make up hours are determined by the course content missed. Payment is required in advance of the make up session.

Refunds: not issued for this level of training. Please discuss your skills with the instructor prior to registering. You will want to make sure you have a good idea of the skills required that you will be tested on the first day of class. Refunds are not granted for failed pre-skills.

To register go to: www.deckcoach.com click on Register for 2012 Sedona Lifeguard Class Now.
Instructor Trainer: Erin Estes erin@deckcoach.com (928) 202-8125.