



PROUD AUTHORIZED PROVIDER OF American Red Cross

2012 Adult CPR, AED Training

And Adult CPR, AED 2 year Certification

In the United States, Heart Disease is the leading cause of death and is a major cause of disability. Almost 700,000 people die of heart disease each year. Worldwide, coronary heart disease kills more than 7 million people each year. In an emergency, minutes matter, knowing how to recognize and respond can save lives.

- **0 minutes:** Breathing Stops. Heart will soon stop beating
- **4 to 6 minutes:** Brain damage possible
- **6 to 10 minutes:** Brain damage likely
- **Over 10 minutes:** Irreversible brain damage certain

Course Description: Course designed to teach lay person participants how to recognize and respond to breathing and cardiac emergencies in Adults, and the use of an Automated External Defibrillation (AED) device for victims of a cardiac arrest. Participants will learn when defibrillation is appropriate, how to safely operate the device, and what precautions to take while utilizing an AED.

Class location: Posse Ground Park, Soccer field Rec Room, Posse Ground Rd, Sedona, AZ

Class dates: **Friday, June 8th, 10 AM to 2 PM (OK to bring snacks/lunch)**

Eligibility: Anyone who requires Adult CPR/AED training and certification.

Group Course Registration: \$65 per person. Includes text book download/ in class skill sheets. Individuals separate from the host group are encouraged to help fill group classes to help the host meet minimum class size requirements.

Late Registration: *May* be approved before the first day of the class. Contact instructor.

Class enrollment min/max: 6 to 10. If class minimum not met by registration deadline the class *may* be canceled by the instructor in which case refunds will be issued.

Certification: Upon successful completion of the Adult CPR/AED course, candidates will receive an American Red Cross Adult CPR/AED certification valid for 2 years. On-line refresher courses will be available to certified members as refreshers during your 2 year certification period.

Successful Completion Certification requirements: Attend the class session and pass written multiple choice test.

Make up classes: *may* be available. Contact instructor.

Refunds: not issued for this level of training.

To register go to: www.deckcoach.com click on Register for 2012 Adult CPR/AED Class Now.
Instructor Trainer: Erin Estes erin@deckcoach.com (928) 202-8125.